

\* produced in a factory that handles other allergens

# Tiddlywinks Menu

Week 1	Main Course	Dessert	Week 3	Main Course	Dessert
Monday	Cheese topped pasta bake with garlic bread <b>Gluten, Milk, Sesame seeds*</b>	Banana & Yogurt Milk	Monday	Macaroni Cheese & Sweetcorn <b>Gluten, Milk</b>	Pears & Custard Milk
Tuesday	Minced Beef Chilli & jacket Potato	Strawberry Cheesecake <b>Gluten, Milk</b>	Tuesday	Turkey\Chicken Curry, Rice & Pitta Bread <b>Gluten, Milk, Sesame seeds</b>	Peaches & Cream Milk
Wednesday	Hearty vegetable Soup & Tiger Bread <b>Gluten, Soya, Nuts*</b>	Blueberry Muffins <b>Gluten, Eggs, Milk, Nuts*</b>	Wednesday	Stew & Dumplings <b>Celery, Gluten, Soya</b>	Apple, cheese & crackers <b>Gluten, Milk</b>
Thursday	Meat and Potato pie with Carrots <b>Gluten, Soya</b>	Fresh Fruit Platter	Thursday	Sausage Casserole & Yorkshire Pudding <b>Celery, Gluten, Eggs, Milk, Soya, Sulphur Dioxide</b>	Rice Pudding Milk
Friday	Fish fingers, Wedges, Sweetcorn & Peas <b>Gluten, Fish</b>	Ice cream & wafers <b>Gluten, Milk, Soya</b>	Friday	Cheese & Onion Quiche with Beans <b>Gluten, Eggs, Milk</b>	Fruit Salad
Week 2	Main Course	Dessert	Week 4	Main Course	Dessert
Monday	Jacket Potato with cheese, tuna or beans <b>Eggs, Fish, Milk, Mustard, Sulphur Dioxide</b>	Strawberry Mousse Milk	Monday	Cheese & Tomato Pizza with beans <b>Gluten, Milk</b>	Stewed Apple & Custard Milk
Tuesday	Broccoli & Cauliflower Cheese <b>Gluten, Milk,</b>	Bread & Butter Pudding <b>Gluten, Eggs, Milk, Nuts*</b>	Tuesday	Crunchy Vegetable Crumble <b>Gluten, Milk</b>	Fruity Flapjack <b>Gluten, Milk</b>
Wednesday	Sausages, Potato croquettes & Spaghetti Hoops <b>Gluten, Eggs, Milk, Soya, Sulphur</b>	Lemon Sponge & Custard <b>Gluten, Eggs, Milk</b>	Wednesday	Spaghetti Bolognese & Garlic Bread <b>Gluten, Milk, Sesame Seeds*</b>	Yogurt & Biscuit <b>Gluten, Milk</b>
Thursday	Cottage Pie with Mushy Peas <b>Gluten*, Milk, Soya*</b>	Jelly	Thursday	Toad in the Hole, mash & Veg <b>Gluten, Eggs, Milk, Soya, Sulphur Dioxide</b>	Shortbread & Custard <b>Gluten, Milk</b>
Friday	Fish & Leek crumble with carrots and swede <b>Gluten, fish, Milk</b>	Fromage Frais Milk	Friday	Tuna Pasta bake <b>Gluten, Fish, Milk</b>	Yoghurt Milk
Please speak to a member of staff about any dietary requirements or allergies.					